



TAKE CARE IN MEAL DISTRIBUTION GLUTEN-FREE MEALS FOR PATIENTS

Ensure that gluten-free products do not come into contact with gluten-containing products during distribution. Ensure that the containers include the correct special diet markings.

- Indicate gluten-free dishes clearly in the menu with a G marking.
- Ensure that the meal distribution staff know and check what the dishes on offer contain.
- Serve gluten-free bread in a separate container from regular bread. Preferably, cover the bread with a lid or saran wrap.
- Always have a separate butter package or single-use packets for coeliacs.
- Store gluten-free breads that keep well (dried bread, biscuits) and gluten-free oat meal packets (Provena) at the ward for patients who arrive outside the kitchen's opening hours.
- Reserve separate utensils for all gluten-free dishes.